



Women's Health Month, May 2009

Dr. Mike Berkley Enhancing Women's Fertility Through Acupuncture, Herbal Medicine and Nutrition

In the United States, approximately 6.1 million women ages 15-44 have an impaired ability to bear children (www.cdc.gov). Working exclusively in the area of reproductive medicine and in conjunction with some of New York's most prestigious reproductive endocrinologists, Dr. Mike Berkley has, over the last 10 years, helped nearly 5,000 women become pregnant and carry a child to full-term through acupuncture and customized herbal medicine.

The founder and director of [The Berkley Center for Reproductive Wellness](http://www.berkleycenter.com) in New York City, Dr. Berkley, Licensed Acupuncturist, Nationally Board Certified Herbalist, and Doctor of Acupuncture (RI), is the leading pioneer in acupuncture fertility treatments for both women and men. Dr. Berkley is the first acupuncturist/herbalist in the United States to work *exclusively* in the field of reproductive medicine and has *developed proprietary acupuncture protocols and herbal formulae which have been shown to increase pregnancy success rates by 35 - 40%*. The Berkley Center, located in midtown Manhattan, brings the art and science of Eastern healing to Western medicine, in a soothing, spa like setting.

"Our proprietary, natural approach to treating infertility in women contributes to healthier eggs and thicker uterine linings, two factors essential to creating the optimal setting for conception and full-term pregnancy," said Dr. Berkley. "I work successfully with women who are using natural techniques solely to increase their chances for conception while decreasing the likelihood for repeat miscarriage, as well as women undergoing a range of Western approaches, including Intrauterine Insemination (IUI) or In Vitro Fertilization (IVF). The Berkley Center is where East meets West in terms of using powerful natural techniques to improve a woman's inherent chances for conception and full-term pregnancy."

Dr. Berkley's strong interest in the centuries old techniques of acupuncture and herbal medicine came after he and his wife were successful in conceiving using these Eastern methods. He enrolled in The Pacific College of Oriental Medicine in New York and graduated six years later, in 1996, with a degree in acupuncture and a National Board Certification in herbal medicine. Now, using a holistic and integrated approach, Dr. Berkley and his team combine acupuncture, herbs, nutrition counseling, fertility massage, and compassion, in conjunction with Western reproductive medicine, to yield higher success rates than IUI or IVF alone.

Infertility is a disease which affects 7.3 million Americans (Resolve.org). *Dr. Berkley is available as a resource for any stories for Women's Health Month in regards to fertility, acupuncture, and herbal medicine.*